



THE
KELLY HEINZ-GRUNDNER
BRAIN TUMOR FOUNDATION
AWARENESS • SUPPORT

2ND ANNUAL UCGKHG5K RUN/WALK
BENEFITING THE KELLY HEINZ-GRUNDNER BRAIN TUMOR FOUNDATION

SATURDAY, OCTOBER 30, 2010 • 9:00^{AM}

SPONSORED BY UNION CITY GRILLE IN COOPERATION WITH RACES 2 RUN

USATF CERTIFIED 5K COURSE

RACE STARTS AND FINISHES NEAR UNION CITY GRILLE
ON THE CORNER OF 8TH AND UNION STREETS

REGISTRATION: \$18 BEFORE OCTOBER 27TH, \$22 ON RACE DAY
REGISTER ONLINE AT ACTIVE.COM OR
REGISTER IN PERSON AT DELAWARE RUNNING COMPANY
GREENVILLE, DE

- 1 T-SHIRT REGISTERED RUNNERS
- 10-YEAR AGE CATEGORIES
- AGE AWARDS FOR TOP 3 IN 10 YEAR AGE GROUPS:
13 UNDER, 14-18, 19-29, 30-39, 40-49, 50-59,
60-69, 70 PLUS OVERALL MALE AND FEMALE WINNERS
- AWARDS TO TOP 3 MALE & FEMALE WALKERS
- CARB-LOADING KICK-OFF DINNER ON 10/29,
SPECIAL PRICE FOR PRE-REGISTERED RACERS!!!
- BIG POST-RACE PARTY AT UNION CITY GRILLE!!!
- KIDS' HALLOWEEN PARADE

Races 2 Run

Mail entry form and payment to:

UNION CITY GRILLE 5K

c/o races2run.com

P.O. Box 24

Montchanin, DE 19710

Race info: (302) 654-6400

Make checks payable to: races2run.com

Check the website: www.races2run.com



register online @
active.com

UNION CITY GRILLE 5K RUN/WALK (please print clearly)

Name:

Address:

City: State: Zip Code:

Telephone: Age: (Day of Race) Sex:

T-Shirt Size: S M L XL 5K Run 5K Walk
(Please circle one)

I WOULD LIKE TO MAKE A SPECIAL DONATION TO THE KHG BRAIN TUMOR FOUNDATION:

Enclosed is \$ PAYABLE TO KHG

Signature: _____
(Parents signature if less than 18 years old)

Please discourage unofficial entrants (bandits) from competing in our races. Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones are prohibited on the race course at any time to ensure runners' safety and to comply with liability insurance standards.

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said race.

NO REFUNDS—THE RACE DIRECTOR RESERVES THE RIGHT TO REJECT ANY ENTRY